



Schuler November News



*"Celebrating
Amazing
Students"*

Reminder:

Parent teacher interviews
will be held on Thursday.

Nov 12th from 3:30-
6:30pm, and on Friday,
Nov. 13th from 2-5pm.

Please call Mrs. Mildenberg
at the school to arrange
interviews. We hope to
see you there.

A November to Remember

Do you sometimes feel amazed at the fact that the people around you can grow and improve so quickly? As we race through the school year, taking care to avoid the speed bumps to learning, I am proud and amazed at all that the students and staff are accomplishing.

Our classes, while large and diverse, are models for learning. 2009 Achievement test results from our school featured a greater than 95% pass rate, and close to 30% excellence rate. This is well above provincial standards, and a great improvement for our school. Congratulations to those students and teachers. Our new students have quickly adjusted to life at Schuler and are well on their way "preparing today for the achievements of tomorrow". Teachers are working harder than ever to provide the

leadership and environment for students to learn. Our new TA's, including Mrs. Anderst and Mrs. McLean, are active and involved in our school.

Our sports program is FAN-tastic. Boys and girls teams, despite our smaller school size, compete with success and sportsmanship. Former students come back not only to cheer us on, but to help in whatever way they can, and the "next generation" of Schuler athletes is ready to help however possible. It is a great time to be a Charger or a Roadrunner!

Our parents and community are involved and supportive. Parents are our casino volunteers, school council contributors, classroom volunteers, sports drivers and drama audiences.

In November, we are asked to remember those important to us, both past and present. I am lucky to have lots of people that have worked to make my life better. Odds are that I am remembering you. Thank you.

November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Div. I field trip	4	5	6 Report Cards	7
8	9	10 School trip to Ralston	11 Remembrance Day Holiday	12 P/T Interviews, 3:30-6:30	13 P/T Interviews, 2-5 VB Zones	14 VB Zones
15	16 P/C Meeting 3:45	17	18 Student-Parent VB	19	20	21
22	23	24	25	26	27	28
29	30 Missoula Theatre auditions					



Remembrance Day

This year, Schuler students will be travelling to Ralston for a Remembrance Day ceremony. We will leave in the morning (9AM) and return in time for bussing.

There is no school on Nov. 11th. School resumes on Nov. 12th.



Staples Recycling

Thanks to everyone who participated in the Staples **Recycle for Education Program**. Once again Schuler School has signed up for this program sponsored by STAPLES Business Depot. Last year this program proved to be a success by boosting our budget with little effort. To participate, drop your used ink and toner cartridges into the recycle bin located by the new cartridges in the store. We encourage everyone to recycle.

Want to find out more about Schuler School? Check out our web page at www.schulerschool.ca. You'll find pictures, video, news and calendar events for our school. You can even sign up for an email version of our newsletter!



Schuler Sports

Charger Corner

Yet another busy season for volleyball this year. Congrats to the boys on their gold medals finish at St Mikes this past weekend. League Finals on Wednesday @ Parkside School @ 4:45 and Zones in Burdett on November 13-14. Thanks to all the parents and fans who have supported us this season. Go Chargers, Go!!



Noerenberg News

October was an active month of learning in the Division One classroom. The Level One students finished their first anthology of reading and have been focusing on mastery of many phonetic rules. The Level Two and Three students continue to work on vocabulary, phonetic rules, spelling, writing and reading. Our students have been diligent in their home reading programs as well.

We finished our study of insects and are now looking at arachnids in our integrated study time. A look at bats is next! The time we have spent in Character Education this month has focused on Trustworthiness. We have been trying to "stick to the truth" and as friends and students "be loyal to the bone"!

Thank you so much to Mrs. Wells and Mrs. Juanita Wiesgerber for their help in our classroom.

We wish Mikyla and Rueben all the best as they leave for China this week. They have become good friends to us in a short time. We will really miss them.

Roadrunner Review

Congratulations to the Schuler girls on a fantastic month that saw us finish 2nd at the Calgary Volleydome tourney and win the Parkside tourney! Good luck in league playoffs this week, and 2J Zones in Bow Island next weekend.



The "Student-Parent" Volleyball night date has been changed from November 10th to Wednesday, November 18th from 3:30-5:30 in order to accommodate parent and practice requests. All volleyball players and their parents are welcome to join us for a fun wrap-up to our seasons.

"What's up?" with Mrs. Herman

Term one is almost done and on to new challenges! In Science 9, we are continuing to study chemicals, but this time how they interact and exist in the environment. In Social Studies 4/5, we have begun to study the 6 magnificent regions of Canada, beginning in the East with the Atlantic region. We are making slow and steady progress in French, and are almost done our basic "Communication" unit. Our next unit, "En Plein Air" has us exploring outdoors: weather and activities for summer and winter. In Div I Computers, we are continuing to work on keyboarding skills, as well as some follow up activities to our whole school Character Education class. I look forward to meeting with parents in the upcoming parent- teacher interviews on Friday, November 13.

MR. JOBB'S STUDY SCHEDULE – NOVEMBER

MATH

Grade 5 – Complete Multiplication of Whole Numbers; Number Theory.

Grade 6 – Unit 4 Testing on Multiplication of Larger Whole Numbers;
Number Theory.

Grade 7 – Testing on Fractions, Decimal Numbers and Integers;
Number Operations (No Calcs) Including Integers.

Grade 8 – Complete Rational Number Operations; Rate, Ratio, Percent.

DIV. I PHYS. ED. – Fitness, Indoor Games, Skipping, Hooping, Movement.

Good Luck to All on their Term I Report Cards going home Nov. 6th!!

Character Counts!

In November, students will continue to learn about and model “Trustworthiness”.

We are also pleased to be starting our Amazing Student lunches. More information is found below.

Caught Being Good

Staff are on the lookout for students who demonstrate “Trustworthiness”, our November virtue of the month. Congratulations to Skylar W. Brittney P. and Andrew M, our October winners.

Amazing Student Lunches

The Schuler staff is once again pleased to be able to invite the students to join us for a free lunch once throughout the year. This year, we will be enjoying Pizza lunches in our color groups on some Wednesdays throughout the year. On these days, students do not need to bring lunch. They can instead come to the staff room at lunch and enjoy some food and conversation.



A schedule for lunches for the year looks like this:

Nov 4th—Green	Feb 3rd—Pink
Nov 18th—Orange	Feb 24th—Red
Dec. 9th—Blue	March 10th—White
Jan. 6th—Purple	March 24th—Yellow
Jan 20th—Black	April 14th—Turquoise

The staff at Schuler is proud of the Amazing Students within the school, and look forward to spending time with each of you.

Mrs. Maier's Report

Wow! Ten weeks of school have passed! We are already on Spelling unit 10! Spelling words are glued into the agendas for studying. Spelling tests are on Fridays; Spelling unit work is due on Thursdays. We have finished our first novel study, Run by Eric Walters, and have started reading Hatchet by Gary Paulson. If you wish to view “Terry”

with your child please write a note in the agenda. During this novel we will be concentrating on writing assignments. In grade four math we have finished working on place value, addition and are currently working on subtraction. If your child is having difficulty with basic facts; addition, subtraction, multiplication and division please work on these at home. Learning these facts will help your child to succeed in math.

Our next Parent Council Meeting is on Monday, Nov 16th @ 3:45 pm. Please note the date change as the first date conflicted with Parent/Teacher interviews. Everyone is welcome and invited to attend.

Friendship and sharing at Schuler School



Greetings from Miss Oster!

Division 3 News

Language Arts: Students have finished S.E. Hinton's novel The Outsiders. Our next unit will see us working on Short Stories and doing work on reading comprehension.

Science 7/8: We have completed our first unit and will be starting our next topic: Cells and Systems. This new unit will take us up to Christmas break.

Jr. High Options: Career Transitions will see the students finishing up their research on a selected careers and begin work on resumes. Health will focus on healthy choices and prevention of germs.

Science 4-6: Our first unit on electricity is all finished now but our next topic will see similar creations as we work our way through Mechanism Using Electricity.

HILDA LADIES CLUB

ANNUAL CHRISTMAS SUPPER

Sunday, December 6, 2009

5:00 pm AB Time

Hilda Community Hall

Adults to 12 years of age - \$10.00

11 to 6 - \$5.00

5 years and under FREE

EVERYONE WELCOME

Kinder Corner

The Schuler ECS would like to thank you all in advance for your support this year. As promised, we are running our Mom's Pantry fundraiser this month and order forms are being sent out. They are due back on Thursday, November 12. Please make cheques payable to Schuler ECS. As stated in the attached letter, there are other ways to help us out financially this year, if you do not care to purchase the products we are offering. We truly thank you for supporting our fundraising efforts this year.

Borderline 4-H Multi Club

By: Giana Herselman

On October 13th 2009, our club had its second meeting of the year. We chose our Club Leader, Sheila Becker. Our Assistant Club Leader, Marianne Wells. Mrs. Wells and Mrs. Becker also volunteered to be the auditors. The projects and project leaders were also chosen. Vianne Herman will be the Foods leader, and Sean Herselman, Corie Schock and Murray Herrmann will be the Beef Leaders. The club is doing a community service on November 21st, making a lunch for Mrs. Straub's computer class. This year the club is setting up the District Public Speaking, so on October 27th the club will get together and discuss. Everyone is looking forward to Color Night which will be held at Irvine on the 21st of November. Awards will start at 6:30 and supper is to follow. The month of November is 4-H month and to celebrate the club is getting together and having pizza and bowling before the November meeting at the Hilda Hall. Our next meeting will be at the Hilda Hall on November 17th 2009.

No Cell Phones!



PLEASE

As per Prairie Rose School Division Policy # A220-

Cell Phones are NOT PERMITTED FOR STUDENT USE DURING THE REGULARLY SCHEDULED SCHOOL DAY. Under no circumstances are students allowed to make use of cell phones in classrooms, library, bathrooms, school yard or change rooms during any part of the school day. Any student who brings a cell phone into a classroom, bathroom, school yard or change room during the school day (even if it is turned off), will have their phone confiscated, with the following actions taken:

FIRST INCIDENT: Teacher confiscates the phone and gives it to the office-the student may pick up the phone at the end of the day.

SECOND INCIDENT: the cell phone will again be taken to the office. It will be held there for one week and parents will be called.

THIRD AND SUBSEQUENT INCIDENTS: Cell phone will be kept at the office until the end of the day. The student and their parent will be notified of a one day out of school suspension the following day for not complying with the cell phone policy. Further infractions may result in more lengthy out of school suspensions.

NOTE: ANY students using cell phones in an inappropriate manner, at any time during the school day, will have their phone confiscated and consequences given as deemed appropriate for the situation-not necessarily following the steps above.

STUDENT FEES

Thank you to all that have promptly returned their enrolment forms and school fees. If you have not yet done so, please make arrangements to do so this week. These fees are necessary to help our school carry out the many functions that we do.

If you have any questions please contact the school @ 403-839-3732 ext. 2401 Mr. Merrick or ext. 2400 Mrs. Mildenberger. Thank you for your cooperation in this matter.

The 2009-2010 school fees are as follows:

Grade 1 & New Students in Div. I- \$82.39
(textbook rental \$40.00, students' union fee \$5.00, Agendas \$7.00, Supplies \$39.39)

Grade 2&3 - \$62.158 (textbook rental \$40.00, students' union fee \$5.00, Agendas \$7.00, supplies \$10.15)

Grades 4-6 - \$52.00 (textbook rental \$40.00, students' union fee \$5.00, agendas \$7.00)

Grades 7-9 - \$67.00 (textbook rental \$40.00, food studies fee \$15.00, Students' union fee \$5.00, School Agenda \$7.00)

October 2009 The Healthy Living ... Healthy Body, Healthy Mind ... Healthy U

We need a certain amount of sodium to help balance fluids and electrolytes in our bodies, but most of us consume two to three times the recommended amount. Why? Well, experts believe that most of the sodium we consume comes from the prepared foods we eat and estimate only about 10% from the salt we sprinkle on our foods at the table.

Sodium is added to the packaged food by the manufacturers to make foods taste better, and, over time, we've become used to it. When we eat foods with little or no sodium, we may think it lacks flavour. Most of the foods we eat contain some sodium, but many fast foods, prepared meals, processed meats (such as hot dogs and luncheon meats), canned soups, bottled dressings, bouillon cubes, and condiments (ketchup, mustard, pickles) usually contain the highest amount of sodium, contributing most of the sodium in our diets.

Certain restaurant foods are notoriously high in sodium. Overtime, excess sodium can have grave consequences. Three in 10 Canadians have been diagnosed with high blood pressure caused by eating too much sodium. Children's menu items at popular restaurant chains across Canada contain dangerously high amounts of sodium – in many cases, enough to raise a child's risk of developing high blood pressure, cardiovascular disease and other serious health problems. But it seems the message hasn't gotten through to the restaurant industry.

Restaurant Menu Item Salt (Sodium) Per Serving

A & W Baby Burger 560 mg,

Boston Pizza Pint Size Pizza 620 mg

KFC Kids Popcorn Chicken 900 mg

Dairy Queen All Beef Hot Dog Kids Meal with Fries 1270 mg

McDonald's Junior Beef Burger 1330 mg

Produced Monthly by Community Dietitians